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# Responding to Families in Culturally Responsive Ways

- 1. Defining Culture and Cultural Sensitivity
- 2. Guidelines for Cultural Sensitivity Attitude and Skills
- Building Culturally Sensitive Partnerships with Parents
- 4. Putting Cultural Sensitivity into Practice Small group activity

"CULTURE is more than a collection of artifacts and holidays. In it's broadest sense, it is a set of values, attitudes, beliefs, and rules for behavior by which we organize and give meaning to the world."

Carol Brunson Day

## What does this definition tell us about culture?

- Everyone has culture
- Culture is learned
- Culture is in everything we do
- Culture is set of rules for behavior
- Our own culture is often invisible to us

# Culture can be described in two ways:

- Surface culture
- Deep culture

#### **Surface Culture**

Describes the elements of culture that are available to everyone. This would include obvious aspects of culture like food and holidays.

- Food
- Holidays
- Arts
- Folklore
- History
- Personalities

## **Deep Culture**

Elements of deep culture deal with the feelings and attitudes that we learn by being a member of that group. It involves the thoughts, beliefs, personal values, and interpersonal relationships as expressed in actions and words, in the day-by-day details of everyday life.

- Ceremony
- Courtship and Marriage
- Esthetics
- Ethics and Values
- Health and Medicine
- Folk Myths

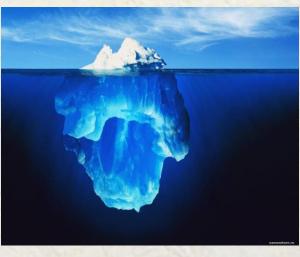
- Gestures/Kinesics
- Grooming and Presence
- Ownership
- Religion
- Rewards and Privileges
- Rights and Duties

#### Reflection

Think about one aspect of your own personal culture that is an example of:

- Surface culture
- Deep culture

# Image 1: Iceberg



## Five Blind Men and the Elephant A metaphor for Culture



"We do not see things as they are. We see them as we are."

The Talmud

## **Cultural Sensitivity...**

is an awareness of our own and other's cultural contexts. It is an ongoing willingness to the see the world from many different and equally valid perspectives.

## **Cultural sensitivity requires**

- awareness
- commitment
- dialogue and negotiation

# Guidelines for Becoming Culturally Sensitive

- 6. Uncover Your Cultural Beliefs
- 7. Be Open to the Perspective of Others
- 8. Seek Out Cultural and Family Information
- 9. Clarify Values
- 10. Negotiate Cultural Conflicts

# Skills Needed To Become Culturally Sensitive

- 6. Uncover Your Cultural Beliefs
  Skill: Be able to name our experiences
- 7. Be Open to the Perspective of Others
  Skill: Listening and being willing to learn from others
- 8. Seek Out Cultural and Family Information Skill: Effectively gathering information
- 9. Clarify Values
  Skill: Communicating and creating dialogue
- 10. Negotiate Cultural ValuesSkill: Collaboration and negotiation

## **Partnerships with Parents**



#### **Defining Values**

- 1. As a parent or center caregiver, write down the three most important values that you feel are essential in caring for infants.
- 2. Once you have defined your values, think of a behavior that best illustrates each value. Be as specific as you can be in describing how someone who holds this value behaves in their work with infants.

#### **Value**

- "Describes the worthiness of an action or belief; a principle, standard or quality considered worthwhile by the possessor."
- Values describe the beliefs/actions that we feel are desirable
- Represent the intrinsic worth we assign to actions or belief that we deem important



"Minds are like parachutes they only function when they are open.

Thomas Dewar